

10 minutes

Chaos in PMI in trials comparing PCI vs CABG How do we reconcile?

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JACC Oct 2020: PMI in the SYNTAX and EXCEL trials

Impact of Peri-Procedural Myocardial Infarction on Outcomes After Revascularization

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Implications of Alternative Definitions of Peri-Procedural Myocardial Infarction After Coronary Revascularization

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Procedural Myocardial Infarction



Definitions Everywhere, But Not Any That May Fit*

Donald E. Cutlip, MD



What is the advice of Editorial



Procedural Myocardial Infarction

Definitions Everywhere, But Not Any That May Fit*

Donald E. Cutlip, MD

- "We may be forced to accept that the same procedural MI definition cannot be fit to both procedures.
- Determining that threshold remains a topic of debate.
- If we cannot find definitions that fit these purposes, then perhaps it is time to remove procedural MI from primary composite endpoints."

Rationales for using PMI as events in trials

- **PMI as a "dated event"** has been integrated as a critical item in composite endpoints.
- Its definitions encompass a **variety of combined or isolated** phenomena, such as enzyme elevation, permanent ECG change, anatomic occlusion of vessels, and loss of viable myocardium.
- Conversely, the **clinical relevance** of a PMI should be defined as a PMI leading to death, re-intervention, or hospitalization for heart failure.
- Isolated enzymatic "PMI events" are frequently incorporated into time to event composite endpoints to satisfy trial designers in search of a powered sample size, but they may artificially influence the interpretation of the real benefit of a novel treatment.

Which definition should we use?

Five PMI definitions applied to the SYNTAX trial (Only CK-MB was available)

	Time after		
Definitions	procedure	PCI arm	CABG arm
SYNTAX	in the first 48 hours	("CK-MB≥5x ULN" and "ECG criteria: new Q wave	es in ≥2 leads"

Different thresholds for PCI and CABG

No additional evidence of infarction

PMI rates according to definitions in the SYNTAX trial



H Hara, PW Serruys et al. J Am Coll Cardiol. 2020 Oct 6;76(14):1622-1639.

MACCE rates according to PMI definitions in the SYNTAX trial



Excluding PMI

60⁻ PCI Cumulative MACCE rate (%) 05 05 CABG 36.7% 16.7% 25.2% 10.8% 0 5 2 3 Years since randomization Patient number at risk 522 857 709 659 616 568 795 687 644 616 591 553

4th UDMI definition



ISCHEMIA definition



SCAI or EXCEL definition



H Hara, PW Serruys et al. J Am Coll Cardiol. 2020 Oct 6;76(14):1622-1639.

Impact of PMI on all-cause mortality in SYNTAX : Which definition is clinically relevant ?





SCAI or EXCEL definition	Adjusted HR (95% CI)	
At 1 year		
PCI arm	17.63 (6.02-51.61)	_
CABG arm	2.95 (0.76-11.48)	
At 10 years		
PCI arm	3.21 (1.86-5.53)	_
CABG arm	0.78 (0.44-1.38) –	-
		1 5 10 20 50

H Hara, PW Serruys et al. J Am Coll Cardiol. 2020 Oct 6;76(14):1622-1639.

PMI definitions applied to the EXCEL trial

Definition Modality	Time after procedure	Peak biomarker threshold	Supporting evidence required
Protocol Definition	Within 72 hrs		
PCI		CKMB >10x URL*	None No additional evidence
CK-MB is preferred		or CKMB >5x URL*	One or more of the following: <u>ECG</u> : new pathological Q waves in at least 2 contiguous leads or new persistent non- rate related LBBB <u>Angiographic</u> : graft or native coronary artery occlusion or new severe stenosis with thrombosis and/or diminished epicardial flow
CARG		Exact same as PCI	Imaging: new loss of viable myocardium or new regional wall motion abnormality
CABO		Exact same as r CI	
3rd Universal Definition	Within 48 hrs		Additional evidence is mandatory
cTn is preferred PCI (type 4a)		cTn >5x 99 th percentile URL† (or CKMB >5x 99 th percentile URL† if cTn unavailable)	One or more of the following: <u>Clinical</u> : symptoms suggestive of myocardial ischemia (such as ischemic chest pain lasting ≥ 20 minutes) <u>ECG</u> : new ischemic changes (ST segments or new pathologic Q waves) or new LBBB <u>Angiographic</u> : consistent with a procedural complication (loss of patency of a major coronary artery or side branch or persistent slow- or no-reflow or embolization <u>Imaging</u> : evidence of new loss of viable myocardium or new regional wall motion abnormality
CABG (type 5)		cTn >10x 99 th percentile URL† (or CKMB >10x 99 th percentile URL† if cTn unavailable)	One or more of the following: <u>Clinical</u> : no criteria <u>ECG</u> : new pathologic Q waves or new LBBB <u>Angiographic</u> : new graft or new native coronary artery occlusion <u>Imaging</u> : new loss of viable myocardium or new regional wall motion abnormality

Peak Post-Procedural CK-MB and Troponin Levels in the EXCEL trial



PMI rates according to definitions (UDMI vs Excel) and impact of PMI on CV death in the EXCEL trial



Gregson, J. et al. J Am Coll Cardiol. 2020;76(14):1609–21.

Association of Myocardial Enzyme Elevation McAlinatein Englishing ScongeoweyUSe? Bypass Graft Surgery

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CK-	M	B
C]	Γn	

30 Days mortality in CABG patients 18908 patients from 7 studies CK-

Creatine kinase MB ratio category^b

CK-MB could be recommended as a cardiac enzyme for PMI in CABG, compared to cTn.

	1 to <5	<u>compared to</u>	cin.
	5 to <10	4020	2.90 (1.00-0.00)
	10 to <20	2094	4.47 (2.27-8.81)
	20 to <40	880	8.73 (4.37-17.43)
CK-MB >5x	≥40	369	27.01 (13.15-55.45)
Т	roponin I ratio category ^c 5 to <10	1153	1.00 (0.26-3.92)
	10 to <20	1694	1.89 (0.55-6.48)
	20 to <40	1374	2.22 (0.64-7.65)
	40 to <100	1237	3.61 (1.08-12.04)
cin >40x	≥100	934	10.91 (3.35-35.53)

JAMA. 2011 Feb 9;305(6):585-91.

Cardiac procedural myocardial injury, infarction, and mortality in patients undergoing electropolitication Systeme intervention: a pooled analysis of patient-level data

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Isolated cTn elevation of ≥5 x URL is associated with 1year mortality and could be used to detect 'major' procedural myocardial injury in the absence of procedural complications or evidence of new myocardial ischaemia.

9801 patients treated with PCI CTn



Conclusion (1/2):

- 1. Current chaos exists;
- 2. Based on survey, CKMB is progressively leaving the scene (use in hospitals) replaced by troponin cTn (including high-sensitive cTn);
- 3. One school : MI is not an" isolated release of enzymes" but has to be accompanied by a permanent irreversible "sign" (e.g. new Q-wave, wall motion abnormality, loss of viable myocardium,vessel occlusion) and myocardial injury is not synonymous of myocardial infarction that has a different physiopathological mechanism after CABG and PCI and different clinical reference.
- 4. The other school : Isolated cTn elevation of $\geq 5 \times URL$ is associated with 1-year mortality and could be used to detect 'major' procedural myocardial injury

Conclusion (2/2):

- 5. The TIMI group will review the PMI of the SYNTAX, PreCOMBAT, EXCEL and Noble studies under the leadership of Eugene Brauwald
- 6. The Academic Research Consortium will try to redefine the definition of PMI;
- 7. Ultimately, we could eliminate the item PMI from the equation (composite endpoint), since a clinically relevant MI is ultimately translated in early or late death or heart failure;
- 8. For our patients a long enjoyable life is their personal prospect. For us, trialists, it has a name : **Quality-Adjusted Life-Year (QALY)**